



# 01 Pharmacy

# Pharmacy Overview

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## UPMC Health Plan provides both value and choice

- Open Choice Formulary
- Check the formulary (drug list) for your plan option to see if your medications are covered

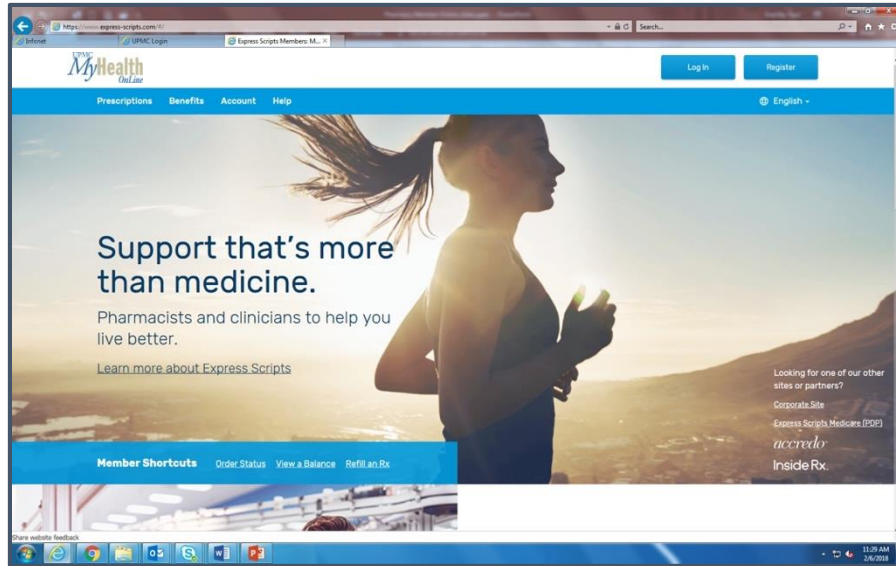
[www.upmchp.us/pharmacybenefits](http://www.upmchp.us/pharmacybenefits)

### With UPMC Health Plan, you get:

1. Access to more than 65,000 pharmacies nationwide
2. Convenient home delivery
3. Personal pharmacy review



# Pharmacy Management



## Easy access through UPMC's MyHealth Online

- No need to register separately

## Benefits highlights and prescription management

- Locate a participating pharmacy, check drug coverage, and price a medication
- Request refills or renewals via mail order
- Print a temporary ID card

## My prescription choices

- Get a personalized view of your drug regimen, including gaps in care and safety alerts
- Compare prescription costs by providing formulary and therapeutic alternatives, retail vs. mail cost comparison, etc.

## Prepare for a doctor visit

- Print a personalized prescription history, benefits overview, or formulary guide to take to the next appointment

# Pharmacy Network

Access to more than 65,000 pharmacies nationwide, including:



# Convenient Home Delivery with Express Scripts

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**Use home delivery for your “maintenance” medications, such as those that treat**

- Diabetes
- High cholesterol
- High blood pressure

**Get started online or by phone**

**[www.express-scripts.com](http://www.express-scripts.com)**

**1-800-282-2881**

**Get refills**

Either opt for auto-refill or contact Express Scripts when you have a month of medication remaining.

# Personal Review of Your Current Medications

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**Tell us what medications you are currently taking, and a member of our pharmacy staff will review your list to:**

- Identify and solve potential issues *before* you visit the pharmacy
- Make pharmacy visits as fast and simple as possible

**Complete the *Current Medications Form* online**

**[www.upmchealthplan.com/pharmacyreview](http://www.upmchealthplan.com/pharmacyreview)**

